



States of Guernsey
Public Health Services

Public Health Services
Le Vauquiedor Office
Rue Mignot
St Andrew's
Guernsey
GY6 8TW

+44 (0) 1481 224136
publichealth@gov.gg
www.gov.gg

15 September 2026

Dear Parents & Guardians

Young People's Wellbeing Survey 2026

The Young People's Wellbeing Survey 2026 is Public Health's first population survey of children's health and wellbeing in the Bailiwick. Previously, a series of surveys managed by colleagues in Education, (the 'Young People's Survey') covered many of the same topics, but was discontinued in 2022. We are resuming a children's survey, now with a health-topic focus. This will be for young people in school years 6, 8, 10 and 12 and will take place every four years.

The principal aim of the survey is to assess the current health and wellbeing of young islanders and to understand their health knowledge, behaviours and how they use health services. This year's survey will set a baseline for comparisons with other jurisdictions and from which we will be able to monitor changes over time. In Public Health we will use the survey data to direct and shape our services for children and young people to best meet their needs. The survey findings will also be a resource for use by other parts of government and community groups like charities.

The survey design, content and data handling arrangements have been reviewed and approved by the Ethics Committee of the Office of the Committee *for* Health & Social Care.

Children and young people will be given lesson time at school to complete the survey online between 5th and 16th October 2026. It should take around 20 minutes to complete.

We encourage your child to participate so that they can have their say on issues that affect them, however they can choose not to take part. All children will be given the opportunity to opt-out of doing the survey on the day it takes place. Additionally, if your child is in Year 6 you may choose to opt your child out in advance *on their behalf*. If you wish to do so, please contact their school who will arrange for them to do an alternative quiet activity while the survey is taking place. Opt-out requests should be made to schools **no later than 2nd October¹**.

Those who participate can leave out any questions they don't want to answer. The survey is anonymous and confidential. We never ask for information that would identify your child personally, and where there are text boxes for comments, we discourage children from writing personal details like name or date of birth. For more information about how we intend to handle your child's data, please see this link: www.gov.gg/ypws-fpn-adult. An adapted version of this Fair Processing Notice, for young people, can be found on the landing page of the online survey by using the links in the table below.

The questions are age-relevant and grouped in the following topic areas, all of which have a proven link to health or wellbeing.

- General health
- Food and Diet
- Physical activity and active travel
- Leisure time
- Sun behaviour
- Smoking / Vaping
- Alcohol
- Drugs
- Wellbeing and life satisfaction
- Worries
- Safety (including e-safety)
- Community
- Menstruation
- Relationships / sexual health

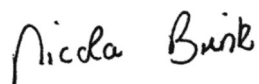
¹ After this date we cannot guarantee that your request will have been processed before your child is invited to take the survey.

You can look at the survey for each year group by following the links in the table below and clicking through the pages. The survey is designed for filling out on a laptop and may not be as easy to navigate on a mobile phone. Please find attached a pdf version of the questionnaire which is easier to read if using a mobile phone.

Year Group	Link
6	www.gov.gg/ypws-year6-parents
8	www.gov.gg/ypws-year8-parents
10	www.gov.gg/ypws-year10-12-parents
12	

The survey results will be published in 2027.

Yours sincerely



Dr Nicola Brink MBE

Director of Public Health/Medical Officer of Health
Public Health Services

Enc